Leaders in transformation

Changing Leaders, Leading Change: A Model for Fostering Youth Leadership in Community Transformation
The child who is not embraced by the village will burn it down just to feel its warmth.

- African proverb
Civil rights movement
Freedom riders
Black panther party
young lords party
REVOLUTION TOOLS

AK-47

MACHETE

TWITTER

FACEBOOK
Standing Rock
Black lives matter
The war on black people is:

POLICE MURDERS

Gary King Jr. 2007
Oscar Grant 2009
Alan Blueford 2012
Kayla Moore 2013
1,000 RIOT IN L.A.
Police and Motorists Attacked

NEGRO RIOTS RAGE ON; DEATH TOLL 21
21,000 Troops, Police Wage Guerrilla War; 8 p.m. Curfew Invoked

Guard Called; Chicago Riot Appears Over

EDITORIAL
A Time for Prayer

Johnson Urges Call-Up Order to Guard
Brown Says He Gave

Talk to Man in Street, Council Group Exhorted

RAMS GAME RESCHEDULED FOR TUESDAY

Password Gains Safe Passage

Burn, Baby, Burn’ Slogan Used as Firebugs Put Area to Torch
Be seen.
Be heard.
Be valued.
Fatuma Ahmed - PA
Josh Anderson - Post Bacc
Antonia Johnson - PA
Jahmil Lacey - Post Bacc
Chantel Majdi - PA
Daniel Marynov - Nursing
Mark Naval - PA
Anthony Rizzuto - PA
Brianna Reyes - PA
Our Objectives

1. Provide a safe space for young people to be seen, heard, and valued

2. Lead positive youth development activities for LIT Fellows through a series of engaging workshops led by CDU students on health education, wellness, and self-care, college and career readiness, and community engagement

3. Support LIT Fellows in generating ideas and insights into the issue of violence and trauma faced by young people in Watts/Willowbrook/Compton and work with Fellows to present findings and recommendations to the LAC DPH Trauma Prevention Initiative

4. Bridge gap between CDU students and surrounding community
Trauma prevention initiative

• What is it?
  Place-based violence prevention and intervention model led by LAC DPH

• What is the goal?
  To reduce the disproportionately high incidence of trauma visits, injuries, and deaths in TPI communities

• What were the indicators used to determine a TPI community?
  ✓ Unincorporated
  ✓ High rates of violence: assault rates, homicide rates, gang-related crime rate, violent crime rate, assault-related trauma visits
  ✓ Established community infrastructure: existing DPH relationships, near GRYD Zone, Trauma center within 5 miles
Disparities in violence  
Los Angeles County

- Homicide is the 2nd leading cause of premature death for the last 10 years and the **leading cause of death overall for 15-44 year olds** in LAC

- Median age at death from homicide is **29 years old**

- **Black and Latino males and racial/ethnic minority youth** experience the greatest burden of violent deaths

...in south los angeles

- Communities with the **highest rate of trauma center visits** for assault (per 100,000):

  - LA County: 43
  - South la: 76
  - willowbrook: 133
  - Westmont-west athens: 134
  - Florence-firestone: 149

Key Priorities of TPI

- Youth Empowerment
- Economic Development
- Civic Engagement
How Will We Define Youth Empowerment?

- Leadership
- Support
- Education
- Economic/Entrepreneurship
- Civic Engagement
- Tech/Social Media
- Music/Arts/Culture
- Health & Wellness
- Diet
- Mentors/Internment
- Passion Work/Find passion/options
- Expand world view
- Peer to Peer Mentoring
- Conflict Resolution - Decision making
- Mental Health
- Inclc Family care given in discussion

Opportunities/Problems

- Loss of Trust/Trust building
- Loss of services
- Mitigating Fear
- No place to go/Community space (Busim)
- Geographic barriers (Busim)
- Funding for services
- Safe Passage
- Technology can be distracting
- Sports/Concerts/Recreational opportunities
- Safe space opportunities for community to feel/take ownership
- Local Parks, Community
- CAP assist w/ coordinat events (blogs, community fun nights)
- Fees
Involving Young People
in Neighborhood Development

Barry Checkoway
University of Michigan

Engaging Schools in Urban Revitalization
The Y-PLAN (Youth—Plan, Learn, Act, Now!)

Deborah L. McKoy & Jeffrey M. Vincent
Uc berkeley center for cities and schools

YOUTH PLAN LEARN ACT NOW!

Planning healthy, vibrant cities for and with young people
Y-PLAN Sacramento
Charles R. Drew University of Medicine and Science

King-Drew Magnet HS

Los Angeles County Department of Public Health
King-Drew Mega Project

The primary objective of the Mega Project for 11th grade students at KD to identify, research, and formulate a solution to a social justice issue in our community by creating an organization that becomes an advocate for the issue chosen.

Ms. Salen – English
Ms. Kong - History
King-Drew Mega Project

The purpose of **Homeless Helpers United** is to help address homelessness in the Watts/Willowbrook community of Los Angeles.

The purpose of the **Phoenix Project** is to promote a healthy mind set among teens by teaching coping mechanisms and knowledge of the emotions we feel everyday.
Formation of Project Team

Drafted project scope and grant proposal

Selected KD Mega Projects/Program Launch

Awarded Ralph M. Parsons Grant

Awarded Mission Maker Grant
• Definition of Health Disparity
• History of Watts/Willowbrook community
• SPA 6 Health Outcomes
• Community Engagement
• Watts Rising
Housing Insecurity & Trauma
Keegan Hornbeck
Executive Director, GettLove

“If I don’t know what’s happening in the community, I can’t help the community…”

• Homelessness as an experience, not a population

• Trauma, Mental Health, and Stigma

• Cultural Competence and Awareness of Privilege

• Criminalization of Poverty
Racial Profiling & Police Brutality
Breaking the Chains - Black History Month Event
Profiled Documentary Screening
King-Drew Annual Empowerment Fair

- KD Mega Projects
- Health Education
- Resource Fair
- Youth-led Outreach

Each group created a survey related to their area of focus:

**HHU**: Housing security and safety among students at KD

**Phoenix Project**: Assessment of attitudes about mental health and needs of students at KD
Trauma Prevention Initiative

Saturday, May 19th
9am-3:30pm
Homeless Helpers United
phoenix project
“I’ve learned that things we have desensitized and considered normal were actually traumatic experiences, like hearing gunshots throughout the day/night. I am convinced that some of my friends have the symptoms of PTSD and I can use my knowledge and resources to support them.”
Student reflections

“Being in L.I.T inspired me to be more open with myself. It encouraged us to speak out. That’s the main reason why L.I.T was created, for youth to have a voice."

“I’ve been encouraged to chase my goals without doubting myself, and gained new insight on the issues in my community such as trauma, mental health, and homelessness.”
Student reflections

“The CDU students from LIT have been extremely helpful when it comes to college. All of my questions concerning financial aid, community colleges vs. universities, personal statements, and even the application process were answered. It was great listening to everyone’s input because I know everyone has had different experiences.”
Student reflections

“I was unaware of the true definition of trauma and mental health, but with being apart of the this program I realize that it is a true problem that affects our community. I learned how homelessness in not a population, but an experience.”
Major takeaways

• KD Mega Projects is a jewel in this community.

• Creating opportunities for collaboration between students in SON, COSH, and COM is a form of professional development that will be critical to our careers as future healthcare providers.

• Leaders in Transformation has the potential to be a model for how we collectively engage young people in decision making, community organizing, research, and policy locally.
Lit lab
SOCIAL IMPACT INCUBATOR FOR YOUTH-LED HEALTH EQUITY

Funded by: Ralph M. Parsons Foundation
LIT lab objectives

1. Provide mini-grants for high school students to carry out social impact projects that address a health disparity

2. Leverage relationships between CDU, LAC DPH, and King-Drew toward the goal of exposing high school students to opportunities in public health, nursing, and medicine

3. Provide opportunities for CDU students to mentor high school students and gain a deeper understanding of the experiences of young people

4. Establish a culture of interdisciplinary collaboration among students in COSH, COM, and SON

5. Create a platform for young people to be active participants in CDU research, community engagement, and outreach
acknowledgements

Charles R. Drew University of Medicine and Science
LIT Project Team
Dr. Deborah Prothrow-Stith – CDU College of Medicine
Dr. Katayoun Moini – CDU PA Program
Dr. Lindsay Kozicz – CDU PA Program
Dr. Cynthia Gonzalez – CDU Urban Health Institute
Tonya King – CDU Office of Strategic Advancement

King-Drew Magnet High School of Medicine and Science
Mr. Brookens – Principal, King Drew Magnet High School of Medicine and Science
Ms. Salen – Teacher, King-Drew Magnet High School of Medicine and Science
Ms. Kong – Teacher, King-Drew Magnet High School of Medicine and Science

Los Angeles County of Public Health – Trauma Prevention Initiative
Aarti Harper – LAC DPH
Nellie Gonzalez – LAC DPH

Guest Speaker
Keegan Hornbeck – GettLove
“Justice has been disrupted, impacting both humans and nature; throwing off the balance of everything. This is why we have groups like the Phoenix Project, Homeless Helpers United, CDU, the hospital, school and others – to solve as much as we can the problems that fellow humans inflict on each other.”

-BJ Hawke, lit fellow